



RISK ASSESSMENT – Merstham FC

HAZARD	RISK	PEOPLE AT RISK	CONTROL MEASURES	COMMENTS & ACTIONS	RISK RATING	
People participating (Players and Coaches)	Legal liability and risk of injury	Players	<ul style="list-style-type: none"> • All players and staff are covered by Isthmian League specific football insurance policy • UEFA qualified coaching staff <ul style="list-style-type: none"> • High levels of fitness 	Check through registers or verbally request information at open access sessions	Low	
Manual Handling	Injury	Coaches	<ul style="list-style-type: none"> • Appropriate instructions are given on how to lift or move specialist items of equipment if required eg goals • Ensure enough staff are available to move heavy objects as required 	Ensure that staff have received appropriate instruction on manual handling	Low	



Condition and access of pitch	Slips, Trips, Falls and obstruction of access	Players and coaches	<ul style="list-style-type: none"> • Inspection of the surface to ensure it is safe for the session to take place by coaching staff • Qualified First Aider and First Aid Kit will be available • Qualified physiotherapist on duty 	Request letting body or management organisation to clean if required. If area cannot be made safe cone off the area	Low	
Any obstructions i.e. Benches, Chairs, Equipment, Bags surrounding the football area	Slips, Trips & Falls	Players & Coaches	<ul style="list-style-type: none"> • Removal of any items to safe distance from around the sides of the playing area • Access to Qualified First Aider, First Aid Kit and Telephone 	Request to remove large items	Low	

Strains and Injuries during and after play	Injury	Players & Coaches	<ul style="list-style-type: none"> • Recognised Coaching methods used • Adequate Warm Up and Cool Down • Participants Wearing Suitable Clothing and Footwear • Access to Qualified First Aider, First Aid Kit and Telephone 	Planned and structured coaching session	Low	
--	--------	-------------------	---	---	-----	--



Fire Evacuation procedures	Injury by heat / smoke or panic	Players and Coaching staff	<ul style="list-style-type: none"> • Fire evacuation procedures in place on site 	Staff to familiarise themselves with evacuation procedures and exits, and brief group if necessary	Low	
Weather conditions	Dehydration, Hypothermia	Players and Coaching staff	<ul style="list-style-type: none"> • Regular Breaks and Access to Drinking Water • Appropriate clothing, footwear and protection against prevailing conditions • Reduce session time if weather conditions are extreme, or abandon session 	Assess the conditions and plan accordingly. Appropriate clothing if cold and/or wet	Low	